



## For Immediate Press Release

Explorers Sans Frontières (ESF) has supported, sponsored and collaborated on more than 45 outreach projects in less than 2 years. ESF supported 7 student humanitarians to obtain hands-on experience in Senegal, West Africa on two occasions and will be leading a third mission to Senegal in spring 2010. ESF's Founder and President, Shonta D. Collins, was also named Bank of America's Local Hero in October 2009. ESF continues to receive awards and grants to sustain our local and global projects.

**ESF is pleased to announce that five Penn Medicine employees along with 3 other members from neighboring institutions will take their medical expertise and knowledge to Montego Bay, Jamaica.** In collaboration with Explorers Sans Frontières (ESF), this team of medical professionals will embark on a 7 day humanitarian medical mission in January 2010. ESF Team Jamaica hopes to empower and inspire local Jamaicans to share their culture and expand their medical expertise, increasing collaboration, quality healthcare management, and excellence!

On this humanitarian mission, medical professionals will donate their time and expertise to provide free health care to local residents. While in Montego Bay, the team will visit clinics and an orphanage to administer care to underserved members of the community. They will offer primary care focused on managing acute and chronic health conditions as well as education to reinforce the team interventions. Moreover, the team will be afforded the opportunity to serve a population affected by heart disease, diabetes, prostate cancer and many other major medical challenges. *There are a number of needs, including medical supplies, financial support, gifts for children, medicine and nutritional foods. All support received is tax-deductable.*

### **The ESF Team Jamaica 2010 includes:**

- Okeoma Mmeje, MD, OB/GYN, the Hospital of the University of Pennsylvania (HUP)
- Five RNs, including four from Penn Presbyterian Medical Center (PPMC): Robert Rathmann, Natalie Clarke, Shonta Collins, Charles Williams, and Adedayo Ogunfowora.
- ESF Student Leaders: Aja Jackson, Second Year Philadelphia College of Osteopathic Medicine (PCOM) Medical Student, and Ta'Tiana Blue, University of Pennsylvania Public Health major
- Three Public Health professionals from Caribbean Health Research Network in Florida.

ESF is a grassroots organization seeking to foster the growth and development of local professional and student humanitarians in the Philadelphia area to develop independent educational initiatives, travel abroad to countries in development, obtain hands-on practical experience in area of interest, support humanitarian efforts and participate in cultural exchanges with people from diverse cultures and backgrounds. ESF is a program of the Greater Philadelphia Urban Affairs Coalition, a 501(c) (3) organization.