



## FOR IMMEDIATE PRESS RELEASE

**Explorers Sans Frontières (ESF)** Community Day Health Fair will be hosted on January 17, 2009 and co-sponsored with United Concordia, Trader Joe's, LA Fitness and AfriPRO. The day's activities will provide **FREE** health screenings and education from Medical and Nursing staff, social and nutritional services from licensed Social Workers and Nutritionists along with **FREE** dental screenings and education from local Dentists and Dental Students. In addition, Trader Joe's and LA Fitness will provide free nutritional food items and fitness assessment. A nice additional bonus for the children includes a chance to enter a drawing contest to win a **\$25 gift card** and **GREAT** raffle prizes including package from **Lucky Strikes for 16 people** to bowl for 2 hours, incl., free soda, chips and salsa.

ESF will also be working in collaboration with AfriPRO, a professional social networking organization as well as other cultural groups that will provide **FREE** activities and cultural performances, representing, Arabic, Irish, African and Indian dancing, calligraphy and henna artistry, face painting and much more!

There will also be opportunities to learn about ESF, other organizations and free legal referrals from HIAS and Council. The Partnership Community Development Center (CDC) and the National Nursing Centers Consortium will also be available to help provide social resources for anything ranging from the home to healthcare and education. The community will be very diverse with respect to cultural norms and that this is an opportunity to reach out and serve those in need of support and willing to receive educational resources to improve preventative health in the community.

It is vital that ESF as well as other community members continue to strive for excellence and move initiatives forward. The event will be hosted in West Philadelphia at the **St. Francis de Sales Parish** located at 4625 Springfield Avenue, Philadelphia, PA 19143 in Southwest Philadelphia from 9-2pm. It is **FREE** for all children, men and women and advance registration is appreciated. If you are interested in sponsoring Community Day, please contact ESF at [Info@ExplorersSF.org](mailto:Info@ExplorersSF.org) or call 215-219-9588. For a flyer of the event, please visit <http://www.explorerssf.org/events.php> or see attachment.